

Meal Prices

Paid Lunch: \$4.00 to \$5

Red. Lunch: FREE

Adult Lunch: \$5.50

Conestoga High School



January to March
2024

Account Management

www.SchoolCafe.com

Don't forget to sign-up
for low balance alerts! Sign-up
and notifications are free!

DAILY FOOD STATIONS

 Cheeseburger, Chicken Patty, Spicy Chicken, Chicken Breast, Vegetarian Burgers, Baked French Fries	 Pre-made Deli	 Daily Specialty Pie	Build your Own Salad 	 Ham, Turkey, Roast Beef, Tuna & Chicken Salad, Spicy Ham, Salami, 2 Cheeses, Assorted Bread and
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8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals

Baby Carrots, Fresh Apple Slices, Fresh Fruit and 4oz 100% Apple, Orange and Grape Juice Available Daily

TODAY'S SPECIAL

VEGETABLES

FRUITS

M Chicken Tikka Masala over Rice	Steamed Green Beans, Baby Carrots	Peaches, Strawberry Cup
T Beef Stroganoff over Noodles	Peas, Baby Carrots w/Dip	Applesauce, Mixed Fruit
W Pulled Pork w/Provolone on a Kaiser Roll	Baked Beans, Broccoli w/Dip	Pears, Cinnamon Apple Slices
Th Spaghetti & Meatballs	Green Beans, Cucumber Slices	Fruit Cocktail, Peaches
F Bosco Mozzarella Dippers	Marinara Sauce, Tossed Salad	Pears, Applesauce

M Cheesesteak w/ Fr Onions Peppers	Baked Beans, Cucumber Slices	Peaches, Strawberry Cup
T Grilled Cheese Sandwich	Tomato Soup, Baby Carrots w/Dip	Applesauce, Mixed Fruit
W Pulled Pork Nachos & Cheese w/Salsa	Baked Beans, Broccoli w/Dip	Pears, Cinnamon Apple Slices
Th Chicken & Broccoli Alfredo over Penne Pasta	Fried Rice, Oriental Vegetables	Mandarin Oranges, Peaches
F Bosco Pizza Dippers	Marinara Sauce, Tossed Salad	Pears, Applesauce

M Chicken Tenders w/Dipping Sauce	Baked Beans, Baby Carrots	Applesauce, Mixed Fruit
T Beef Chili with Tortilla Chips	Steamed Corn, Tossed Salad	Pears, Cinnamon Apple Slices
W Chicken Jambalaya over Rice	Tossed Salad, Green Beans	Peaches, Strawberry Cup
Th Popcorn Chicken w/Dinner Roll	Mashed Potatoes, Carrots w/Dip	Fruit Cocktail, Peaches
F Bosco Mozzarella Dippers	Marinara Sauce, Tossed Salad	Pears, Applesauce

M Walking Beef Taco w/Cheddar Cheese	Corn, Chopped Tomato, Lettuce	Peaches, Strawberry Cup
T General Tso's Chicken over Lo Mein	Steamed Broccoli, Baby Carrots	Mandarin Oranges, Mixed Fruit
W Meatball Sub	Tossed Salad, Steamed Green Beans	Pears, Cinnamon Apple Slices
Th Roasted Chicken, Dinner Roll	Baked Beans, Broccoli w/Dip	Fruit Cocktail, Peaches
F Bosco Pizza Dippers	Steamed Carrots, Tossed Salad	Pears, Applesauce

January					February					March				
1	2	3	4	5		1	2				1			
8	9	10	11	12	5	6	7	8	9	4	5	6	7	8
15	16	17	18	19	12	13	14	15	16	11	12	13	14	15
22	23	24	25	26	19	20	21	22	23	18	19	20	21	22
29	30	31			26	27	28	29		25	26	27	28	29

Color Coded Weekly Calendar

■ = No School

Only take a tray if you
need a tray!

